

Bournemouth

u3a learn,
laugh,
live

Newsletter Autumn 2025



*The Chair & Committee hope that you have
all enjoyed the Sizzling Summer Break!!
OR... was it TOO HOT for you???.
Keep Calm, Keep COOL, and Carry On!*

Original Painting - "Hot Boats" in Poole Harbour - by Walter Williams of Art Group No. 87

E-mail: info@bournemouthu3a.org.uk

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Office Tel: 07352 997099

We Bid a Fond Farewell

Farewell to the “Lilt” from Mavis Jackson.....



Recently I had to make the very hard decision to end the songwriting group 'A Lilt of Songwriters' that I have had the great privilege of leading for the last 11 years. Unfortunately, due to deteriorating health issues, I can no longer give the time and effort that my members deserve. We ended the

term with a gathering in my garden where the members surprised me by presenting me with a framed gold disc and songs that they had written for me and about me!

All my members are now prolific songwriters and will continue to stay in touch with each other, helping if needed with playing, singing, recording and producing songs.

I can't thank my members enough, both past and present, who have given me so much pleasure. Their talent, hard work, enthusiasm and motivation have resulted in hundreds of songs being written and recorded and we have shared so much friendship, fun and laughter along the way. Their songs can be listened to free on [www.https://soundcloud.com/mavisellen-jackson](https://soundcloud.com/mavisellen-jackson)



A Big Thank You to Janet Mason..... For A Legacy of Dance!



Tuesday 17th June 2025 marked the end of an extraordinary chapter as **Janet Mason** led her final session of the **International Folk Dance Group** with Bournemouth u3a.

For over 25 years, Janet has inspired and guided hundreds of dancers through folk traditions from countries all around the world.

Every performance (many for local charities) and lesson required extensive planning – selecting dances, sourcing music, managing timings - Janet handled it all with expert skill and care.

Janet... your kindness, leadership, and energy have left a lasting impression on us all. Thank you for your

years of service, your joyful spirit, and your boundless patience.

You've been a treasure to dance with – and we all wish you the very best in all that lies ahead.

Sue Godwin and Sandra Grant

Photo shows Janet Mason (Centre) with Stephanie our Chair (on Left), with Janet about to be presented with her Retirement Gift by Sue Godwin (on Right)

Notes from the Chair



I hope this message finds you well and that you enjoyed the warm, dry summer we experienced this year.

In June, we unveiled our 2025/26 Programme early, allowing members to select and reserve spaces in their preferred groups. This transition has significantly reduced the workload for our office volunteers, so thank you for your cooperation. We also explained the urgent need for new trustees to replace Jennie and Michael, and we are pleased to announce that Kathy and Sandra have joined us as shadow trustees. We still urgently need a new Treasurer and hope that a member will nominate themselves in time for the October A.G.M.

We encourage all members to use their Beacon accounts to select groups online. Face-to-face training sessions will be offered on using Beacon during the Autumn term (see Page 8). Paper forms will still be available for those without e-mail or internet access.

This summer, we held various activities, including a stand at the "Shake and Stir Festival" and several "Summer Get Together" events. A heartfelt thank you to all members who host, volunteer, and manage these events and promotions.

We extend our gratitude to all Group Leaders who have made significant contributions to Bu3a members' lives over the years. As some of you retire this summer, we wish you all the best for the future. We hope that you will join us, and participate in 2027, for Bournemouth u3a's 40th Anniversary celebrations.

Please come along and bring your friends to the following Open Day/Publicity Events:

- **Moordown Community Centre**, 21 Coronation Avenue, BH9 1TW – Tuesday, 23rd September, 2025 – 11.30 a.m. – 3.30 p.m.
- **Westbourne Arcade**, 69 Poole Road, BH4 9AY – Thursday, 25th September – 11.00 a.m. – 3.30 p.m.
- **Freemasons Hall**, Knole Road, BH1 4DH – Tuesday, 30th September – 10.00 a.m. – 12.00 noon
- **Gather Space, the Dolphin Centre** (Part of BCP "Aging Well" Forum) BH15 1SZ – Tuesday, 30th September – 10.00 a.m. – 3.00 p.m.

Finally, the A.G.M. will take place on Tuesday 14th October at The Knole at 10.00 a.m. The only groups to be cancelled this year will be those taking place in the Hampshire Room at the Knole on that morning.

Kind regards, **Stephanie Gardiner (Chair)**

News From the Groups



Asuntos de Actualid – en Espanol

Ladies' day for the 'Asuntos' group... The ladies of the group celebrated the end of a successful and enjoyable term by lunching at The Botanist in Bournemouth. Of course, the conversation during lunch and the "sobremesa" was in Spanish! A very enjoyable time was had by all.

Jacqui Song – Leader Group No. 47

P.S. - Sobremesa is a Spanish word that refers to the time spent lingering at the table after a meal, enjoying conversation and company. It's a cultural tradition where people relax, chat, and connect with each other after eating, often over coffee, drinks, or dessert. The concept emphasizes the social and relational aspect of dining, extending the enjoyment of the meal beyond just the food itself..... So, be Spanish! - now you know!!

Seated Guided Meditation / Visualisation

When I first joined U3A there was no Meditation class. When a room became available locally, I wondered if there was anything I could teach that people might be interested in. I am a hypnotherapist; obviously I could not teach that, but I do know about getting people to relax, so the idea of the class began.....

I wondered whether anyone would join this new class, but we had a waiting list. The first class was a roomful of strangers but after 3 years we are a roomful of friends, some from the very first class.



We usually have two visualisations and in between we chat about how easy it was or maybe what someone has found difficult (the leaf blower outside the window we all found a challenge!). Relaxing is something we don't all make time for; this class is a chance to leave all your worries at the door for a short time. It takes practise to relax, each time you relax it becomes a little easier. I have been told that my voice is soothing; I hope that this is my 'hypno' experience, and not that I am boring everyone to sleep....!

Teaching the class was initially a challenge having never taught before, but it quickly became a pleasure. I love to see the way the class has helped everyone. We all have different experiences and whether you are an experienced meditator or a curious beginner, come along and give it a try? All are welcome!

Janice Rushton, Leader, Guided Relaxation Meditation Group No. 59

Practise your French and Italian with Keith Penfold



Wednesday French Atelier Group No. 44 welcomes you from a mix of many walks of life who have a 'working command' (a bit more than a little) of spoken French - ranging from school in the 1950s or 60s, to university, work in various towns and cities, or even marriage! Generally, you should be ready to discuss in French, for example, 'a slice of life' such as a 'village or small town in France that I love', and why. Occasionally we will do group-working in threes or fours to present an argument

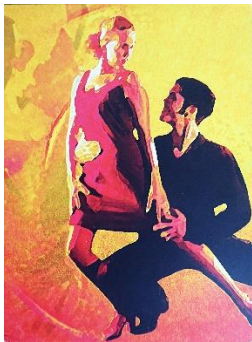
e.g. "We're a team who want to invest in ...", and so on. Small-group games along the lines of "Call My Bluff", or "Would I Lie to You?" also provide much laughter as we learn together! So do come along and join us!



Thursday Italian Continuation Group No. 63 welcomes people who have perhaps been learning from scratch for two, three, four or more years and love the 'con brio' nature of the (almost always) friendly natives especially when you talk to them in Italian! Most weeks there are three strands to a session: firstly:

something in the news in Italy. Then we'll brush up on, or maybe learn for the first time, some component of Italian grammar - with our trusty lime-green Collins Italian Grammar & Practice! Lastly, we'll squeeze in a session watching and discussing a street interview from YouTube's series with Matteo and Katie, Easy Italian - at the time of writing, over 240 to choose from!.....

Enjoying More Opera - Group Number 25 - fortnightly, at MCC - commencing Tuesday 7th October, 10.30-12.30



Whether you are an aficionado or a likely convert, come and enjoy a wide range of entertainment from the Baroque to the Romantic and the Contemporary performed by leading exponents of the genre.

Tragi-Romantic pieces such as Carmen by Georges Bizet with the outstanding soprano Julia Migenes, are an experience never to be forgotten!

So, it is a celebration of all the talents that contribute to the creation of the art form called 'Opera'. Stories from all over the world set to the thrilling music by many of the great composers, not forgetting where it all began - in 'La Bella Italia' - starting with The Masked Ball by Guiseppe Verdi.

Please NOTE..... It is a Group Meeting about, not of, opera - i.e. it is not possible to show whole productions in two hours, but just enough to seriously whet your appetite!

Mitchell Robertson

Group Leader News



Our Group Leaders are the Life-Blood of the U3A. Their enthusiasm to share knowledge and skills but most of all, willingness to give their commitment and time so generously, is crucial to the success of our organisation. Without you we wouldn't have a u3a.

After 16 years on the committee, the time has come for me to take a 'back seat' role. It has been a real pleasure to work with our wonderful leaders and Dorothee as joint programme co-ordinator, amongst her other roles!

Every year for various reasons, some leaders are unable to continue, after many years of service: Janet Mason, Bill Lonnen, Mavis Jackson, David Reed, John Moore, Paul Miles, Diana Rosen-Lanng, Victoria Andrew, Liz Neal, Richard Lane, John Goodyear, Quynh Nguyen, Carolyne Worssem, Rex Bale, Peter Connolly and Ivor Weintroub. We sadly lost Doreen Thompson. After 10 years of brilliant U3A Tuscany holidays, Margaret Ronchetti and David Hardman have decided that this year will be their last one. **A huge 'Thank You' to all these leaders** for their much-valued past contribution. You will all be missed.

Our Leaders are not getting any younger! Like everyone else unfortunately health issues arise and sometimes caring responsibilities for a partner. Jean Kløver is our longest serving Leader (she started young!) and Janet Mason was not far behind her. Thankfully, other members have stepped up to lead groups.

During the Summer term we welcomed Julia Drage, Linda Lye and Hilary Dozell who took over Doreen's groups, Alan Vaughan (Bridge), also Gill Tennant and Sue Robatham who ran a one term exercise group. Our new programme includes two more new leaders: Julia Lidell and David Ramsden.

However, we continually seek new groups and ideas. All you need in many instances is enthusiasm. If you have an interest in something, then why not see if there are others with the same interest? Groups can be weekly, fortnightly, monthly, for one, two or three terms. You do not have to commit to 29 weeks! If you would like to discuss (and don't be shy!) please e-mail Dorothee on: secretary@bournemouthu3a.org.uk

Jennie Pudney



Have we got your current e-mail Address and all your up-to-date address/contact details???

Please keep the Office informed by e-mail at officemanager@bournemouthu3a.org.uk or by phone via the office.....



Please NOTE new SJI Office Telephone No. 07352 997099

IMPORTANT Notice for All Group Leaders



IMPORTANT
ANNOUNCEMENT

Pre-Programme Meeting and Electrical Equipment Testing

To be Held on Wednesday 24th September 2025

**At St Katharine's Church
Church Road (just down from Belle Vue Road) Southbourne BH6 4AR**

Bus Routes 1c, 33, M2 (last bus stop, Southbourne Crossroads)

The annual Equipment testing will take place immediately before the Leaders' meeting. If you are using any equipment with a plug, then you must have it tested. Laptop chargers are sufficient – you do not need to bring your laptop. Please email me to confirm that you will be attending. If you are unable to do so, then I will need to pick it up.

Timeline

Access at 12.15 p.m. **only for those who are helping to set up the room.**

Only Leaders with Equipment to be PAT tested to arrive at 12.30 and no later than 12.45 p.m.

All other Leaders to arrive at 1.00 p.m. onwards.

Refreshments served from 1.15 - 1.45 p.m.

Meeting starts at 1.45 p.m. Meeting ends at 3.15 p.m. latest.

Help is appreciated to stack away chairs and tables - out by 3.45 p.m.

Group Leaders please bring your red Group Leader Handbook folders with you as Dorothee will have updates of Policies, Venue list and Group Leader Notes (in addition to the new Group Registers).

Car parking - There is a car park, and you may park on some of the grass at the side, but you **MUST NOT** go beyond the No Parking notice as this allows for Emergency vehicle access. You may also park on the adjacent roads.

Please make every effort to attend.....

Thank you!

Jennie & Dorothee

E-mail: info@bournemouthu3a.org.uk

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Office Tel: 07352 997099



Beacon System Support.....

Beacon Support for Members and Group Leaders

Dorothee, our Secretary and Group Coordinator, will be at the Moordown Community Centre (MCC) and at The Knole for the forthcoming Publicity Days to :-



- (1) **Help Members better use Beacon Member's Portal** (viewing and updating personal details, managing interest groups, renewing membership, etc.).
- (2) **Support Group Leaders with Beacon for Group Leaders** (emailing group members, nominating a temporary Leader, waiting list management, adding/removing members, creating schedules)

The dates that Dorothee will be available to help you are -

Tuesday 23 September at Bu3a Open Day at MCC - 11.30-15.30

Monday 29 September at The Knole - 9.00-14.00

Tuesday 30 September at Bu3a Open Day at The Knole - 10.00-12.00

Thursday 9 October at Moordown Centre Cafe - 10.00-12.30



Alan Poulton Musical Recital

We invited Alan Poulton to perform for BU3a Members in April and June 2025.

We were thoroughly impressed!
Alan Poulton's performance displayed incredible talent and passion, making each piece come alive. Alan

was particularly entertaining and amusing, sharing fascinating historical 'titbits' about the songs that we wouldn't have known otherwise.....

His performance was thoroughly captivating.

Overall, it was a delightful experience that we highly recommend.

Sandra Grant

E-mail: info@bournemouthu3a.org.uk

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Office Tel: 07352 997099

Bournemouth



c/o St James Institute
33a Stourfield Road
Bournemouth
BH5 2AR

Tel: 07352 997099

NOTICE OF ANNUAL GENERAL MEETING

Tuesday 14th October 2025

Commencing at 10.00 a.m.

**at The Knole, Freemasons Hall,
Hampshire Room,**

Knole Road, Boscombe, BH1 4DH

(Agenda and Arrangements overleaf)

Registered Charity No. 800397

Pull out Annual General Meeting Supplement

NOTICE OF ANNUAL GENERAL MEETING

Notice is hereby given that the Annual General Meeting of Bournemouth u3a will be held on

Tuesday, 14th October 2025, commencing at 10.00 a.m.

in the Hampshire Room of
The Knole, Freemasons Hall, Knole Road,
Boscombe, BH1 4DH

to conduct the business set out in the Agenda below.

AGENDA

- 1 - Welcome by the Chair, Stephanie Gardiner
- 2 - Apologies for absence
- 3 - Approval of the minutes of the last AGM [15 October 2024]
- 4 - Chair's Annual Report
- 5 - Receipt and Approval of Treasurer's Annual Report and Examiner's Report
- 6 - Election of Committee members for 2025/2026
- 7 - Any Other Business (AOB)

Any member who wishes to raise a matter under AOB should notify the Secretary by e-mail [secretary@bournemouthu3a.org.uk] before Tuesday, **7th October 2025**.

Matters raised under AOB on the day will be taken at the discretion of the Chair.

[Please note that the Bu3a Office at SJI may be closed that day.]

Pull out Annual General Meeting Supplement

AGM ARRANGEMENTS



- Please write the date of this year's AGM, **Tuesday 14 October**, at The Knole starting 10.00 a.m., in your diaries.....!!!

- There is parking at The Knole, but it is also only a short walk from the main Christchurch Road bus route (buses M2, 1a/1b/1c, 22, 33, etc.).

- The Committee would like as many members as possible to attend, as we need a good attendance to hold a valid AGM.

- This year's Committee is listed on Page 12. By the provisions of our Constitution, the entire Committee stands down each year at the AGM and a new Committee (maximum 12) is elected for the coming year.

- Nominations for the 2025/26 Committee from members are invited. Written nominations, which need to be seconded (with both names clearly printed), should be sent [with envelope marked 'AGM election nomination'] to the Office to arrive no later than **Tuesday, 7th October 2025**.

- We currently (2024/25) have vacancies on the Committee as shown on the next page.....

A **possible new structure for 2025/26**, for both Bu3a Committee Roles and Bu3a Non-Committee Roles, will be discussed at the AGM.



- You are **URGED to attend this year's AGM** to have your say about **what happens to your Bournemouth u3a....!!!**

Pull out Annual General Meeting Supplement



Our Committee Members 2024/25

Stephanie Gardiner	Chair + U3A Beacon System/Facebook
(Vacancy)	Vice Chair
(Vacancy) / Michael Crich	Treasurer
Dorothee Merton	Secretary/Beacon Administrator/ Joint Programme coordinator
(Vacancy) / Jennie Pudney	Accommodation, Joint Programme coordinator/ SJI Representative
Julie Williams	Publicity
Suzi MacLeod	Office/IT Manager
(Vacancy)	Social Events
(Vacancy)	Accessibility Officer/Safeguarding Lead
Nick Monk	Newsletter Editor



The Bu3a Office at SJI

To our dedicated team of Volunteers running the office at
St James Institute..... *We Thank You!*

Monday	Suzi MacLeod, Sandra Bassett, Josie Milne
Tuesday	Office closed
Wednesday	Jennie Pudney, Sue Godwin, Paul Tunnicliffe
Thursday	Mary Lapish, Angela Heasman, Suzi MacLeod (as Reserve)
Friday	Office closed

**Office Tel.: 07352 997099 (Note NEW No.!) – Mon./Wed./Thurs. from
10.00 a.m. – 12.00 noon, or leave voicemail message anytime.**



LUNCHING AROUND THE WORLD with Bob & Jackie Hucklesby

'Lunching Around The World' has proved a popular concept with Bournemouth U3A members.

Lunches take place at various locations across Bournemouth - Boscombe, Southbourne, Charminster, Central Bournemouth and Westbourne.

We vary the days of the week (so that everyone has an opportunity to join us throughout the term) and we like to vary the flavours - French, Chinese, Lebanese, Nepalese, Thai, Greek, etc.

Over the years we have developed a really good rapport with several restaurants, and look forward to our return visits. Where possible, we aim to introduce one or two new venues to the mix each year.

Information is e-mailed to members approx. 3 weeks in advance and **places must be pre-booked.**

It's a great way to make new friends and to try out different cuisines. We look forward to seeing you soon.....

Bon Appetit!

Bob & Jackie

Autumn Dates

WEDNESDAY 8TH OCTOBER – 12.30 - THE REAL GREEK, BH2 Complex, Bournemouth Square/Exeter Road BH2 5DD

MONDAY 20th OCTOBER – 12.30 - THE WONDERFUL KITCHEN, 261 Charminster Road, Bournemouth BH8 9QJ.

FRIDAY 21st NOVEMBER – 12.30 - MODERN TIMES, 529-533 Christchurch Road, Boscombe BH1 4AG

To book, please contact: E-mail: bobhucklesby@btinternet.com
Tel: 01202 159186 (New Number!)

Quote :- "If you really want to make a friend, go to someone's house and eat with him... the people who give you their food give you their heart." - **Cesar Chavez** (American labour leader and civil rights activist)



OUR NEXT QUIZ with Julia Glassborow and Jane Whitlock

Alan and Audrey Kneller have presented our Quizzes for many years and our last quiz on 2nd July marked the end of a very successful and enjoyable era.

Unfortunately, Audrey had to miss that one through ill health. Our thanks to Alan for managing single-handed and we wish Audrey a speedy and full recovery.

Thanks once again to Alan and Audrey - it has been truly great!

Thankfully our Quizzes will continue under new management – **Julia Glassborow and Jane Whitlock** have offered to take over presenting our quizzes using the same venue. Our next Quiz will be on.....

Wednesday 17 December 2025, at 2.00 pm, arrive from 1.30 pm.

At our regular venue - The Annunciation Church Hall, 218 Charminster Road, BH8 9RW.

It has been confirmed that the heating will be on, and another group will have used the hall before us.

We again invite group/team leaders to make up a table of a maximum of **SIX** members. **Please send your contact details and team name by e-mail to Jennie Pudney at jpu3a@outlook.com** - You will receive a booking reference confirmation.



If no one in your group wants to make up a team, then contact Jennie, as above, and you will be linked with another group that cannot make a full team, or you could be linked with other individuals to make a new team. Admission is £3 per person, to include refreshments, payable at your table. There is a PRIZE, and much kudos, for the winning team!!

We usually have a superb response to our Quizzes, but we really are limited to a **maximum of TWELVE tables** which can be accommodated in the hall.

So, to avoid disappointment, please be sure to **book your team a place** as soon as you can.....

John Oram



TEN PIN BOWLING with John Oram

Monday 22nd September and Monday 8th December 2025. At Hollywood Bowl, (Bowlplex), 382 Poole Road, Branksome, Poole BH12 1DA (Opposite Tesco).

As usual please arrive promptly at 11.00 so that we can organise a group for each lane and all start together at 11.15 a.m. As our sessions will be in school term time, we should get the concessionary rate. We usually play two games finishing by about 1.00 – 1.30 p.m. although some may choose to play just the one game.

Bowling shoes are available for hire but ordinary footwear is perfectly acceptable. No need to book, just turn up and by all means bring a friend if you wish. If you don't feel like playing just come along and watch and have a chat. Enjoy the fun and there is a coffee bar.

There is plenty of parking on site and of course many buses pass the door along the Poole Road.



COFFEE CLUB

Come along and enjoy a beverage of your choice and meet friends, as well as newer members of Bournemouth u3a.

**Coffee clubs take place from 10.30 - 12.00 Noon.....
And why not stay on at the venue for lunch afterwards?**



Tuesday 21st October - The Well Coffee Lounge - Royal Arcade, Boscombe

This is a new venue for our Coffee Club meeting.

The entrance to the Arcade is opposite Aldi, but can also be reached by the post office or the Sovereign Centre. "The Well Coffee Lounge, a welcoming community Cafe serving great food and coffee, a part of Safe and Sound Dorset". We will meet under the umbrellas at this indoor café.



Wednesday 19th November - Westbourne Conservative Club, 6 Alum Chine Road (Just past Westbourne Library)

Another meeting at this popular venue for our Members. Plenty of buses go through Westbourne, alight at the post office (from Bournemouth) or the Arcade and walk through (from Poole).

Looking forward to seeing you all there.....

E-mail: info@bournemouthu3a.org.uk

Julie - Publicity

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Office Tel: 07352 997099

CHRISTMAS LUNCH at THE CUMBERLAND HOTEL



27 East Overcliff Drive, Bournemouth BH1 3AF

Tuesday 9th December 2025

Arrive by 12.30 for start at 1.00 p.m.

£30.00 per person incl. gratuities (£33.00 for Non-Members, supplement of £3.00 per person for the fish main course)



MENU

STARTERS	<p>Spiced Roasted Root Vegetable Soup (Served with Crème Fraiche) (D, CE)</p> <p>Duck & Orange Liver Pate (Seasonal leaves, Apricot Ginger & Orange Chutney, Sourdough Toast) (G, M, D)</p> <p>Salmon & Dill Fishcake (Citrus & Garlic Aioli, Seasonal Leaves, Cherry Tomato & Lemon) (D, G, E, F)</p> <p>Spiced Carrot & Fennel Soup (Fresh Herbs) (GF, VG)</p> <p>Spiced Cauliflower Salad (Sweet Harissa, Roasted Chickpeas, Petit Salad, Pumpkin Seeds, Basil Dressing) (GF, VG)</p>
MAINS	<p>Traditional Roast Turkey Breast (Pigs in Blanket, Stuffing, Chef's Pan Gravy) (G, D, CE, S, SD)</p> <p>Roast Scottish Rib Eye of Beef (Yorkshire Pudding, Red Wine & Rosemary Jus) (D, G, E, CE)</p> <p>Pan Fried Potato Gnocchi (Baby Spinach, Parmesan Romanesco Sauce, Roasted Pumpkin Seeds) (G, E, D, S)</p> <p>Baked Haddock Fillet (Leek Mash, Meunière Sauce, Lemon) (F, D) (extra £3)</p> <p>All served with Seasonal Vegetables & Roast Potatoes</p> <p>Baked Aubergine Parmigiana (Roasted Aubergine, Spinach, Vegan Mozzarella, Provençal Tomato Sauce) (GF, VG)</p> <p> Lentil Chestnut & Cranberry Nut Roast (N, GF, VG)</p> <p>Served with Roast Potatoes, Seasonal Vegetables, Caramelized Onion Jus</p>
DESSERTS	<p>Luxury Christmas Pudding, Creamy Brandy Custard, (G, N, D)</p> <p>Salted Caramel Panna Cotta, Salted Popcorn, Caramel Sauce (D)</p> <p>Passion & Citrus Tart, Blueberry Compote (D, G, E)</p> <p>Luxury Christmas Pudding, Brandy & Nutmeg Sauce (GF or VG)</p> <p>Chocolate & Orange Mousse, Caramelized Orange Compote (GF, VG)</p> <p>Lemon Tart, Winter Berry Compote, Fruit Coulis (GF, VG),</p>

NOTE - (GF) = Gluten Free, (VG) = Vegan, (DF) = Dairy Free; V (Vegetarian), G (containing Gluten), C (Crustaceans), E (Eggs), F (Fish), P (Peanuts), S (Soya), D (Milk), N (Nuts), CE (Celery), M (Mustard), SS (Sesame Seed), SD (Sulphur Dioxide & Sulphites), L (Lupins), MO (Molluscs).

Please complete ONE of the two booking forms sent to you with your e-mail copy of this newsletter – EITHER the FILLABLE file (only with MS Word) or the PRINTABLE file (for PDF Reader) * OR*** complete the paper booking form enclosed with your paper copy of this newsletter. Paper copies of the booking form are also available from the Office at SJI, and on MCC Notice Board.**



Dates for your Diary



Date	Event	Venue	Time
2025			
Tues. 09 Sept.	Summer Get-Together	Cosy Club, Old Xchurch Road (next to Beales)	10.30
Sat. to Sun. - 20 to 28 Sept.	National u3a Week 2025	All u3a's Nationwide	N/A
Mon. 22 Sept.	10 Pin Bowling	Bowlplex, Branksome	11.00
Tues. 23 Sept.	Bu3a Open Day (Nat. u3a Week)	Moordown Community Centre	11.30 – 15.30
Wed. 24 Sept.	Group Ldrs' Mtg. and PAT testing	St Katharine's Church Church Rd, Southbourne	12.15 Onwards
Thur. 25 Sept.	Bu3a Promotion Day (Nat. u3a Wk)	Westbourne Arcade	11.00 – 15.30
Mon. 29 Sept.	Start Autumn term	All Bu3a venues	
Tues. 30 Sept.	Bu3a Open/Promotion Day	The Knole, Freemasons Hall, Boscombe	10.00 – 12.00
Tues. 30 Sept.	Bu3a Open/Promotion Day	Gather Space, Dolphin Centre, Poole	10.00 – 15.00
Wed. 08 Oct.	Lunching around the World	The Real Greek, BH2 Complex, Bournemouth	12.30
Tues. 14 Oct.	Bu3a Annual General Meeting	The Knole, Freemasons Hall, Boscombe	10.00
Mon. 20 Oct.	Lunching around the World	The Wonderful Kitchen, Charminster Road	12.30
Tues. 21 Oct.	Coffee Morning	The Well Coffee Lounge - Royal Arcade, Boscombe	10.30
Wed. 19 Nov.	Coffee Morning	Westbourne Con. Club, Alum Chine Road	10.30
Fri. 21 Nov.	Lunching around the World	Modern Times, Xchurch Road, Boscombe	12.30
Fri. 05 Dec.	End Autumn term	All Bu3a venues	
Mon. 08 Dec.	10 Pin Bowling	Bowlplex, Branksome	11.00
Tues. 09 Dec.	Christmas Lunch	The Cumberland Hotel, East Overcliff Drive	12.30
Wed. 17 Dec.	Bu3a Quiz	Annunciation Church Hall, Charminster BH8	14.00
Thur. 18 Dec.	OFFICE CLOSSES 16.00 FOR XMAS	RE-OPENS MON. 05 JAN. 2026	10.00
2026			
Mon. 05 Jan.	Start Spring term	All Bu3a venues	

Our Bu3a Trip to Tuscany in July 2025



This was to be a “no-stress” holiday – being picked up at my door, taken to the airport, seats on the plane already ordered and transport ready to take us to the hotel...!! The hotel Torretta was a family-run hotel and they made every effort to make us very welcome. Margaret and David knew the family well and we even took a waiter and his girlfriend with us on one of the excursions!

We had an itinerary which mapped out the days but not in a strict way. There were days with excursions and days when we were free to explore and plenty of information was given if we wanted to go off on our own.

The hotel was spotless and all the staff were very friendly. They even taught me some Italian! The swimming pool and jacuzzi were always ready and waiting for a dip to ward off the Italian sunshine. The breakfast was an all-consuming buffet and the evening meal was a four-course meal.



One of the excursions included a trip to Lucca to see the birthplace of Puccini. We had already had a very good talk by Linda about Puccini's life, and we went on to hear some excerpts of Puccini operas in a very old church.



Hazel played the piano beautifully one night and we all sang Italian songs and waved flags! Don't forget the Funicular – see photo right.... I know a song about that! And, of course, you could



not go to Italy without doing wine tasting and enjoying the food.....

See photo left of us all - with Margaret and David in the foreground, their glasses raised! So many things that I would have liked to talk about but, alas, there is just not the space..... Thanks to all those who sent me photographs. Sorry I could not include them all. A very loud

SHOUTOUT from us all to Margaret and David who organised it, came with us to enjoy it, and who were there to advise and help us all in a very caring way.....

THANK YOU to Margaret and David..... Truly an unforgettable holiday.

Written by Suzie MacLeod

Bu3a Promotion Day.....

Shake & Stir Vintage Music and Lifestyle Festival - June 2025



This annual event, usually held in Fisherman's Walk Park, was slightly different this year. Our Bu3a gazebo was erected on Southbourne Grove, in the Shopping Area. Although the weather was rather breezy it stayed fine and dry. We had lots of passing shoppers stopping by to say "hello" and enquire about our organisation. Many programmes and flyers were given out and, hopefully, we will have gained some new Members!

Many thanks to all our wonderful, enthusiastic volunteers! The photo shows our stall with (L - R) Perry Ellis, Lyn McCole, Colin Grimmett and Ruth Ellis. P.S. Rather windy, so the side panels were removed!! **Julie – Publicity**

TWO PICNICS ON THE BEACH THIS YEAR!!

Held on Monday 14th July and Wednesday 20th August 2025

The **Picnic on the Beach in July** on **West Beach, Bournemouth** hosted by **Bob and Jackie Hucklesby**, was "doomed" by grey skies and very blustery winds! It turned into a "Picnic IN the Beach Hut" for just four of them! Well done to Lynne and Peter for venturing out and bravely joining our gallant hosts!! Oh well... hopefully Bob and Jackie will volunteer again next year...???



The **August Picnic in Southbourne** was much kinder, and well-attended. It was held near the "SoBo" Beach Café in Southbourne. Okay, the weather was a bit cloudy, but even the breeze was warm, and we nearly had some sunshine!! We all agreed that we had really enjoyed it! It was great to just meet up again for a chat.....

Hosted by John Oram and John Moore



**Christmas is Coming! - See Page 16
for Bu3a 2025 XMAS LUNCH!!!**



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